Welcome to University Paris Nanterre
- Information Guide for Exchange Students
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general information

What is a «UFR»?

The term UFR in French higher education refers to a School or Faculty. University Paris Nanterre (UPN) is made up of 8 faculties, each one of which is then divided into departments.

UPN offers a wide range of academic disciplines, most of which are open to exchange students without any special requirements. Students may also sign up for and take part in the sports activities which are organised on campus. If you are interested in playing sports on campus, please go to the SUAPS Sports Centre (opposite Building V) and register. This is a very good way to meet French students, so this type of activity is strongly encouraged!

LIST OF FACULTIES

UFR DSP - Droit et Science Politique / Faculty of Law and Political Science - Building F

UFR LCE - Langues et Cultures Etrangères / Faculty of Modern Languages and Cultural Studies - Building V

UFR PHILLIA - Philosophie, Information-Communication, Langages, Littératures, Arts du Spectacle / Faculty of Arts, Philosophy, Communication and Information Studies, and Performing Arts - Building L

UFR SEGMI - Sciences Économiques, Gestion, Mathématiques et Informatique / Faculty of Economics, Business and Management, Mathematics, Computer Science - Building G

UFR SITEC - Systèmes Industriels et Techniques de Communication / Faculty of Industrial Systems and Engineering Communication Technology - Saint-Cloud

UFR SPSE - Sciences Psychologiques et Sciences de l'Éducation / Faculty of Psychology and Education Studies - Building C

UFR SSA - Sciences Sociales et Administration / Faculty of Social Sciences and Administration - Building D and DD

UFR STAPS - Sciences et Techniques des Activités Physiques et Sportives / Faculty of Sports Sciences and Physical Education - Building S
What classes should I choose?

The choices you make should be done in conjunction with your Educational Coordinator and in accordance with the contract signed with your home university. Below is some important information.

a) What is a TD and a CM?
Instruction is provided in two forms: lectures (CM – cours magistral) and tutorial classes (TD – travaux dirigés).

> Tutorial classes have a maximum of 35 students. The aim of a tutorial class is to bridge the link between the theoretical and practical aspects of the subject being studied. To fully benefit from the tutorial classes, it is indispensable to prepare your work in advance.
> Lectures generally take place in a university amphitheatre. Students participate less in this type of teaching given the number of people in attendance (for example, up to 1,000 students in law lectures).

b) Department Education Handbook and class times
All university departments provide a handbook which summarises the classes being offered and the corresponding number of ECTS credits. As an exchange student you should do the following:
> Obtain the Education Handbooks from the departments which interest you. You can get them either from the department’s administration office or online.
> Write down and remember the class code, class name and instructor’s name.
> Find the class times based on the class code (class times are generally posted next to the department’s administration office so that students can choose their classes based on their availability).
> Go to the department’s administration office to register for the tutorial class of your choice. Do this quickly as tutorials often fill up very fast.

c) What is the grading system in France?
Grades in France are awarded on a scale of 1-20. A grade of 20 is the maximum level and a 10 denotes a passing grade. Any grade under 10 means that the student will not pass the class and will not receive the ECTS credits.

Useful information
Students are expected to regularly attend classes. If a student misses more than 3 classes – and whether these absences are justified or not – the student will be expelled from the class.
Connecting to the university Wi-Fi

In order to connect to Paris Nanterre's Wi-Fi:
1. Activate your Paris Nanterre e-mail account on the DRI website: dri.parisnanterre.fr and follow the instructions. Please note that the «code PIN» you need to activate your account is written at the back of your student card.
2. Activate the Wi-Fi on your computer and click on your browser. On the Wi-Fi access portal you should type your login and password provided when you activated your e-mail account.

Izly Card

Your student card is also a payment card that you can use at any of the CROUS facilities (restaurant and cafeterias). You can check your balance or recharge your card on your smartphone.

More information: izly.fr

Transportation Card and Welfare Programs

Transportation

You may benefit from the same advantages as the French students and may ask for an Imagine’R card. More information at the Nanterre Université station or at an RATP or SNCF agency.

More information: www.imagine-r.com
Visa

FOR NON-EUROPEAN STUDENTS ONLY

step 1
In order to obtain your «Visa Long Séjour valant Titre de Séjour (VLTS)», you must send to the OFII a registered letter with recorded delivery («recommandé avec accusé de réception») containing the passport pages that show your identity, the visa and the stamp received upon arrival in France, plus the OFII form «formulaire de demande d’attestation» previously signed by the French Embassy.

step 2
Once you send your documents to OFII, you will receive a notification for a medical appointment. You must also buy the OMI stamp («timbre OMI (ANAEM)»), which costs 55 euros (www.timbresofii.fr).

step 3
On the day of medical appointment, don’t forget to bring your passport, a proof of address in France, and ID photo and the OMI stamp.

Welfare Programs
All students from non-European countries must pay their social security fees. You may get a «sécurité sociale» certificate at LMDE or SMEREP. Both are located at the Maison de l’étudiante (1st floor on the left).


Caisse d’allocations familiales (CAF)
You may be eligible to ask a rental assistance through the agencies CAF and LOCA-PASS. Please check the conditions on their websites.

how to meet french students

It is generally much easier for exchange students to meet French and foreign students if they participate in the different cultural and sports activities which are organised on campus (see the chapter on “cultural and sports activities”).

The Nanterasmus Association regularly organises events for exchange students. Please go to their Facebook page to find out more: Nanterasmus Paris Nanterre or you can contact them by email: nanterasmus@gmail.com

The web site dedicated to student associations contains a wealth of information on cultural activities. Visit this site and find out what is happening now: culture.parisnanterre.fr

Go to the “Café-Langues” at the Language Resource Centre! Foreign students are invited to come and talk to university students and personnel over a cup of coffee. The aim of this conversation exchange is to have fun speaking a language in an informal/relaxed/non-threatening environment, while also meeting and getting to know people on campus. Conversation exchanges are open to all language combinations. Find out more about at: crl.parisnanterre.fr

Learning French

Français pour étudiants étrangers (FETE) The FETE offers different types of courses for foreign students officially enrolled at Paris Nanterre: courses to refresh your French; semester courses with a diploma; intensive courses of French for specific purposes.

More information: francais-langue-etrangere.parisnanterre.fr
practical information

Transportation

AIRPORTS - www.aeroportsdeparis.fr
> Paris Charles De Gaulle ROISSY Airport
> Paris ORLY Airport

How to get to the Paris Airports:

> RER line to go to Paris Charles De Gaulle ROISSY and to Paris ORLY.

Low Cost flights:
> EasyJet - www.easyjet.com
> Ryanair - www.ryanair.com/fr

TRAINS

> Transportation in Paris and in Ile-de-France
Transiliens (trains of the outskirts of Paris) - www.transilien.com
Information about traffic, maps, timetables etc. - www.ratp.fr
Noctilien / Noctambus (night buses) - www.noctilien.fr

Fees:
1 subway ticket: 1,90€
10 subway tickets: 14,50€

> Travelling in France
SNCF (Société Nationale des Chemins de Fer) - www.voyages-sncf.com

> Travelling in Europe
By train - www.eurail.com

> Travelling by car
Routard - www.routard.com
Michelin - www.michelinguide.com

Useful Information
These prices are approximate and may change.
Medical Information

EMERGENCY UNIT ON THE PARIS NANTERRE CAMPUS
24 hours a day, 7 days a week
Phone number: 01 40 97 74 00

This number corresponds to the security services on campus. The guards can rapidly intervene and help victims. They have a first-aid certification and they are able to evaluate the situation in order to remove the person to a medical facility if needed. In case of emergency, they can also dial 15 for medical help (SAMU) or 18 for fire and/or accident (Pompiers).

HOSPITAL AND CLINICS

Hôpital Max Fourestier
403 av. de la République
92000 Nanterre
Tél. : 01 47 69 65 65

Hôpital Foch
40 rue Worth
92151 Suresnes
Tél. : 01 46 25 20 00

Clinique de La Défense
16 bld Émile Zola
92000 Nanterre
Tél. : 0 826 30 92 92

Hôpital Louis-Mourier
178 rue des Renouillers
92701 Colombes Cedex
Tél. : 01 47 60 61 62

PHARMACIES WITH EXTENDED HOURS

Grande Pharmacie Daumesnil 7j/7
6 place Félix Eboué 75012 Paris
Tél. : 01 43 43 19 03
Métro Daumesnil (lignes 6 et 8)

Pharmacie européenne 24h/24 et 7j/7
6 place de Clichy 75009 Paris
01 48 74 65 18
Métro Place de Clichy (lignes 2 et 13)

Pharmacie Les Champs Dhéry 24h/24 et 7j/7
84 av. des Champs-Élysées 75008 Paris
Tél. : 01 45 62 02 41
Métro George V (ligne 1) ou Franklin D. Roosevelt (ligne 1 et 9)

Web sites:
www.monpharmacien-idf.fr
www.pharmaciesdegarde.com
www.aquelleheure.com/pharmacies
Useful phone numbers

Emergency telephones in France:

18 Pompiers - Fire, accidents and medical emergencies
15 SAMU - Medical emergencies
17 Police
114 Emergency number for hearing-impaired people
This single nationwide emergency number is accessible by FAX or text message. It does not receive regular calls.

SOS Emergency doctors - 24/7: 3624
Anti-poison centre in Paris: 01 40 05 48 48
Fraud hotline: 0 811 02 02 17
Child protection hotline: 0 800 05 41 41 or 119
Emergency shelters: 0 800 306 306 or 115

Days off

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<thead>
<tr>
<th>FRANCE</th>
<th>2017</th>
<th>2018</th>
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<tbody>
<tr>
<td>New year’s Day</td>
<td>January 1st</td>
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<tr>
<td>Easter Monday</td>
<td>April 17</td>
<td>April 2</td>
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<tr>
<td>Labour Day</td>
<td>May 1st</td>
<td>May 1st</td>
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<td>WWII Victory Day</td>
<td>8 May</td>
<td>8 May</td>
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<tr>
<td>Ascension Day</td>
<td>May 25</td>
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<td>Pentecost Monday</td>
<td>5 June</td>
<td>May 21st</td>
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<td>National Holiday</td>
<td>July 14th</td>
<td>July 14th</td>
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<tr>
<td>Assumption of Mary</td>
<td>August 15th</td>
<td>August 15th</td>
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<tr>
<td>All Saint’s Day</td>
<td>November 1st</td>
<td>November 1st</td>
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<tr>
<td>Armistice Day</td>
<td>November 11th</td>
<td>November 11th</td>
</tr>
<tr>
<td>Christmas</td>
<td>December 25th</td>
<td>December 25th</td>
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Cost of living

Main dish in university restaurant: 3,20€
Fast-food menu: 7€
Brasserie menu: 10–20€
1 sandwich: 4–6€
1 coffee: 2€
1 baguette : 1€
1 croissant : 1,10€

6 eggs: 2-3€
1 litre of milk: 2€
1 kilo of potatoes: 2-3€
1 kilo of rice: 3€

Useful information
These prices are approximate and may change.
cultural and sports activities

Sports facilities

> Olympic-size swimming pool (swimming, diving, water polo, aqua gym)
> Weight room with about 20 weight lifting machines and a fitness centre (step, cardio-training, stretching)
> Martial arts dojo and a boxing gym (boxing, judo, jujutsu, capoeira)
> Dance studio (contemporary dance, jazz, mime and clown, social dances, belly dancing, African dancing, hip-hop)
> Sports hall (team and racket sports)
> Fencing room

Contact
Service Universitaire des Activités Physiques et Sportives (SUAPS)
For more information: www.nanterresportcampus.fr
Phone number: 01 40 97 73 91

Cultural activities

The Campus Cultural Club (SGACAC) offers students artistic workshops (music, theatre, photography, dancing, etc.), support for student association projects and support for student initiatives dedicated to on-campus cultural activities.

Artistic Workshops
> Photography
> Theatre
> Physical theatre
> Choreographic creation
> **Mélo‘dix University Symphony Orchestra**
The Mélo‘dix Orchestra comprises 70 musicians who rehearse every week to perform major works of Western classical music, in collaboration with the University Vocal Ensemble (Dix de Choeur). Contact the Mélo‘dix Association for information about auditions.

Web site: [www.orchestremelodix.com](http://www.orchestremelodix.com)
Facebook: Orchestre Melo‘dix

> **Dix de Chœur University Choir**
The Dix de Chœur University Choir is open to all and provides aspiring singers with the opportunity to sing classical music, whatever one’s starting level. The commitment required during this programme enables participants to perform concerts at the university and in outside locations.

Web site: [www.dixdechoeur.fr](http://www.dixdechoeur.fr)
Facebook : Dix de Choeur - Choeur de l’université de Paris Ouest Nanterre La Défense

**Cultural facilities on campus:**

> **Bernard Marie Koltès Theatre** (1st floor - building L) - 500 seats (theatre, dance, concerts, etc.)

> **Pierre Reverdy Exhibition Hall** (Ground floor - building L) - 340 sq. metres (exhibits, shows, cultural gatherings, etc.)

> **Student Cultural Centre** (at entrance of university campus) (Exhibition hall, theatre rooms, music rooms, etc.)

For more information, go to the Student Cultural Centre or visit the web site about university cultural activities.

**Contact**

**Service Général de l’Action Culturelle et de l’Animation du Campus (SGACAC)**
Website: [culture.parisnanterre.fr](http://culture.parisnanterre.fr)
Phonenumber: 01 40 97 56 56
Our libraries

Bibliothèque de Documentation Internationale Contemporaine (BDIC)
The BDIC constitutes, by the richness and diversity of its collection, one of the most remarkable sites in the Paris area to celebrate the history of the 20th and 21st centuries.

Placed in two different locations (Nanterre and les Invalides), the BDIC is a library, an archive and a museum. It shelters collections that include books, newspapers and magazines, as well as paintings, drawings, engravings, objects, sound and print archives.

Contact
Website: www.bdic.fr
Phone number: 01 40 97 79 00
E-mail address: renseignements@bdic.fr

Bibliothèque Universitaire (BU)
The University Library is composed of 5 thematic rooms in which you will find all the academic disciplines taught at Université Paris Nanterre. Each UFR (faculty) also has its own library. You will find more information about these libraries on the webpage of the Service commun de la documentation.

Contact
Website: scd.parisnanterre.fr
Facebook: Bibliothèque universitaire Paris Nanterre
Twitter: BU Paris Nanterre
Phone number: 01 40 97 72 02
Map of the campus

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going out in Nanterre and Paris

Going out in Nanterre

Useful websites:
Nanterre website: www.nanterre.fr

Social Programme Volunteer Association - AFEV Hauts-de-Seine
33-39 bvd des Provinces Françaises
92 000 Nanterre
Phone 01 47 24 31 93
Website: www.afev-iledefrance.org

A “Social Action Platform” has existed at Paris Nanterre since 2011. Its aim is to promote student involvement and strengthen the ties between the university and council estates. This programme is based in the Student Cultural Centre. The social action network is in contact with various student and French associations and is open to all Paris Nanterre University students who want to be involved in social action or who make use of their skills. This involvement may take several forms: volunteer work, remunerated social work or social action internships. The Social Action Platform is actively involved in university student life and participates in events such as student-town meetings, student visits of the town and annual Social Action Information Days.

Cultural facilities in Nanterre

The city of Nanterre has a wide range of cultural facilities, such as the Music Centre, Conservatory, Daniel-Féry Music Performing Centre, Nanterre-Amandiers National Public Theatre, recording studios, artistic and cultural associations, La Forge Theatre, Municipal Hall and CinéArt Events Centre. These facilities enable inhabitants of all parts of the city to enjoy cultural activities throughout the entire year.

For more information: www.nanterre.fr > «culture»
Going out in Paris

*Useful websites:*

Going out in Paris: www.sortiraparis.com  
Outings in Paris: www.parisbouge.com  
Paris Tourist Office: www.parisinfo.com  
Discounts in restaurants: www.lafourchette.com

**Theatres**

Thanks to the support received from the city of Paris, private theatres offer first and second category seating to young people under the age of 26. Tickets may be reserved by telephone or directly at the theatre.

*For more information: www.theatresparisiensassocies.com*

**Museums**

Paris has a large number of world famous museums such as the Musée d’Orsay, Louvre, Quai Branly, Cluny Museum (National Museum of the Middle Ages), Musée Rodin … and many more!

For further information, visit each museum’s web site or go the Paris Tourist Office site:

*www.parisinfo.com > «Visiter - Musées»*
**Paris City Museums**

The city of Paris has 14 museums which are open from Tuesday to Sunday between 10.00 am and 6.00 pm. Access to the permanent collections is free of charge.

> Musée d’Art Moderne de la Ville de Paris (Paris Museum of Modern Art)

> Maison de Balzac (Balzac’s House) – free except during temporary exhibitions

> Musée Bourdelle (Bourdelle Art Museum) – free except during temporary exhibitions

> Musée Carnavalet - Histoire de Paris (Carnavlet Museum dedicated to the history of Paris)

> Musée Cernuschi (Cernuschi Museum dedicated to Asian art)

> Musée Cognacq-Jay - musée du XVIIIe siècle de la Ville de Paris (Cognacq-Jay Museum dedicated to 18th century art) – free except during temporary exhibitions

> Musée du général Leclerc de Hauteclocque et de la Libération de Paris - Musée Jean Moulin (Museum of General Leclerc and the Liberation of Paris – Jean Moulin Museum)

> Petit Palais - Musée des Beaux-Arts de la Ville de Paris (Petit Palais Fine Arts Museum)
> Musée de la Vie romantique (Museum of Romantic Life)

> Maison de Victor Hugo (Victor Hugo’s House)

> Musée Zadkine (Zadkine Museum of Sculpture) – free except during temporary exhibitions

There is a charge for admission to the following Paris sights: Catacombs of Paris, Archaeological Crypt of Notre Dame Cathedral and Palais Galliera - Museum of Fashion.

For more information, visit the Paris museum web site: [www.parismusees.paris.fr](http://www.parismusees.paris.fr)
Paris Youth Discount Ticket Offices  
(KIOSQUES PARIS JEUNES)

1. Where can I find a Youth Discount Ticket Office?

• Kiosque Jeunes Le Marais - 14 rue François Miron 75004 Paris / open 10am - 7pm  
• Kiosque Jeunes Champ de Mars - 101 Quai Branly 75015 Paris / open 10am - 6 pm (opens at 1 pm on Thursdays)  
• Kiosque Jeunes Goutte d’Or – 1 rue Fleury 75018 Paris / 11am – 7 pm Tuesday – Friday

2. What is a Youth Discount Ticket Office?
All year long these ticket offices offer young people (between the ages of 13 and 30), who live, work or study in Paris, free or discounted tickets to a wide range of cultural events: theatre, dancing, comedy shows, concerts, sports events, trade fairs, etc.

The Kiosques Jeunes also provide detailed information about cultural and recreational activities in Paris.

3. Discounts, free invitations … so, how does it work?
All year long these youth ticket offices negotiate a wide range of great deals. Every day you are entitled to the following maximum:
• 2 invitations per person for 2 different shows  
• 4 discounted tickets per person for 3 different shows

4. What is a countermark?
A countermark is a personal pass which you must obtain from a Youth Discount Ticket Office. This pass entitles you to receive discounted tickets or free invitations. You must present your countermark at the event's ticket office in order to qualify for a discounted price or free invitation.

5. What are the available events?
The events offered by the youth ticket offices change all the time. Visit their web site for a complete list of current events on offer: www.jeunes.paris.fr  
This list of events is regularly updated.
address book

Université Paris Nanterre
www.parisnanterre.fr

IT Resources Centre
dri.parisnanterre.fr

University webmail
webmail.parisnanterre.fr

Bibliothèque de documentation internationale contemporaine (BDIC)
www.bdic.fr

Bibliothèque universitaire (BU)
scd.parisnanterre.fr

Service de l’action culturelle et de l’animation du campus (SGACAC)
culture.parisnanterre.fr

Service universitaire des activités physiques et sportives (SUAPS)
nanterresportcampus.fr

Service médical universitaire
building E room E05
tél. : 01 40 97 75 33 | e-mail : medecine-preventive@parisnanterre.fr

Service handicap
building DD room R05 - website: suio.parisnanterre.fr > «accompagnement et aides» and «handicaps et accessibilités»
phonenumber: 01 40 97 58 79
e-mail: servicehandicap@liste.parisnanterre.fr
Centre de ressources langues (CRL)
building V office VR12 - website: crl.parisnanterre.fr
phonenumber: 01 40 97 49 09

Français pour étudiants étrangers (FETE)
building L office LR12 A
website : francais-langue-etrangere.parisnanterre.fr
phonenumber: 01 40 97 73 20 | e-mail : imbodji@parisnanterre.fr

Student Association Nanterasmus
Maison de l’Étudiant building R
Facebook: Nanterasmus Paris Nanterre
E-mail: nanterasmus@gmail.com

CROUS de Versailles
145 bis boulevard de la Reine 78000 VERSAILLES
Website: www.crous-versailles.fr
Phonenumber: 01 39 24 52 00
International Relations Office

Building A – 1st floor - office A105
Website: international.parisnanterre.fr

Opening hours
Monday - Tuesday - Thursday: 9h-12h and 14h-17h
Wednesday - Friday : 9h-12h
Phone: 01 40 97 40 98
E-mail: relations-internationales@liste.parisnanterre.fr

Europe

Program Coordinator: Mr Julien DELORD
01 40 97 71 87 - jdelord@parisnanterre.fr

Incoming students: Mrs Nanka STOYANOV
01 40 97 74 07 – nstoyanova@parisnanterre.fr

Africa / Pacific / Americas / Francophonie (APAF)

Program Coordinator: Mrs Mariana PUJOL
01 40 97 49 80 - mpujol@parisnanterre.fr

Incoming students: Mr Valentin ZERO
01 40 97 59 71 - v.zero@parisnanterre.fr

Asia / Middle-East (AMO)

Program Coordinator: Mrs Shuyan HAN-BENOIT
01 40 97 58 69 - sbenoit@parisnanterre.fr